# the CNIMES of St. ANÓREW'S

September 25, 2019 Pentecost

#### DEAR FRIENDS,

I need your help.

I realize in a world that tends to operate as "what can you do for me" to start by asking for help is risky, but it's honest, so I'm going with it.

There is an idea that has been kicking around in my head for a few years now. I tried it once and it went over like a ton of bricks, but I think there's something there that's good. And I really need some beta testers!

The idea is foundational to my approach to family ministry, which is, quite simply, to equip parents to teach their children about faith.

I developed my approach based off of three things:

- 1. The reality that modern life is busy, super busy, and that at best, children (following national averages) will be in church/Sunday school once every other week for 30-45 minutes;
- 2. I am the person I am because I played sports growing up. Sports are important, and sometimes sports happen on Sundays. I will never be a priest who demands church attendance over sports (for children);
- 3. The teachings of Phyllis Tickle, who developed the idea that religion changes every 500 years or so. We are in a period of change now, the biggest change being that because both parents tend to work now, the way that we teach children about faith has shifted from mother/grandmother teaching faith to Sunday school teaching faith. This is a problem because of 1 and 2.

Basically, my approach to all of ministry, and specifically to family ministry, is to find ways of incorporating faith into the reality of our lives. Our busy, hectic, loud, lives.

So here is my idea: I'd like to ask you, all of you, for eight minutes of your week. I use this number intentionally, because we know that five minutes is unrealistically short, and ten minutes is entirely too long. But most of us can find eight minutes somewhere. In the car, at the dinner table, during our commute, walking the dog(s), driving to or from school, driving to or from a sports activity.

Eight minutes.

Here is my plan, and I would genuinely love feedback:

Once a week Clyde or I (or someone else) will send out a question, a prayer, a something. This will be designed so that parents can offer the question to their children, or read the prayer, and then engage in conversation with their family on the topic. We'll even give some talking points to help!

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#### **UPCOMING DATES**

Sept. 29	Book Group
_	Adult Forum
Oct. 1	Serve at My Brother's Table
Oct. 5	True Story Theater
Oct. 6	Blessing of the Animals
Oct. 12	Saturday Night in Marblehead
Oct. 16	Adult Forum
Oct. 18	Chimes deadline
Oct. 19	Rummage drop-off begins
Oct. 24	Preview Party
Oct. 27	Halloween Trunk Party
	Early Music Halloween Concert

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#### Dear Friends cont.

While these are designed for families, there is no reason that the rest of us can't think about the questions and topics, too.

I want to help you, parents, teach your children about faith. Because you know your kids. You know them a lot better than I ever could, and you are the best teachers they will ever have.

But this faith stuff can be hard. It's hard for me and I have a Master's degree in theology (technically divinity).

Added bonus: this would be a nonthreatening way that you can share what we are doing with some of your friends who might be interested in faith, but aren't necessarily interested in going to church.

What do you think?

I need help, because I don't know if this is going to work. So I need people to participate! And to send questions. What do you want help teaching your children about? What do they ask about? What have you always wondered about?

To start, we can send things out in the newsletter. And if enough people are interested, we can do a special weekly e-mail or even a weekly Facebook post.

I'll handle the logistics, I just need you with me.

Are you in? *Cara*+

#### **FALL ADULT FORUM**

Jutta Ayer will lead the Adult Forum series this fall. She is presenting a two-part series on Jean Vanier, founder of L'Arche communities, where people with and without developmental disabilities live and work together. It meets at 9:10 a.m. in the Parish Hall on September 29 and October 16.

#### MY BROTHER'S TABLE

Come be part of a team to help serve dinner the first Tuesday of every month at My Brother's Table,
Lynn. **October 1 is the next date.** 



If you can help, please contact Tim Parker at 781-631-5335.

### BELOVED COMMUNITY TEAM TO HOLD WORKSHOP ON WHITE PRIVILEGE, FEATURING TRUE STORY THEATER, OCT. 5

The Beloved Community Team of St. Andrew's and St. Stephen's will present a workshop, "Creating Beloved Community: Courageous Sharing about Whiteness and Barriers to Conversations," featuring True Story Theater, Saturday, October 5, 2–5:30 p.m., in the Parish Hall. The event is free and open to the public.

Participants will be guided through an interactive performance and workshop designed especially for white people willing to take a personal look at race and white identity—and how white fragility may get in the way of deeper connections. The goal is to move beyond the blame and shame that characterize conversations about race and whiteness, and move towards empowering each other to do personal reflection, create a culture of support, and create visions for liberation.

As at a similar event held last fall at St. Andrew's, True Story Theater will invite audience members to tell moments from their lives. The actors will honor these stories through drama, movement, music, and song, leading audiences to make connections, build respect, and gain insights into their lives. The performance will be followed by a brief workshop to further the topics discussed and lead to additional insights.

Please consider attending this important event, whether or not you attended the workshop last fall. Feel free to invite friends and neighbors who are interested in eradicating racism and social injustice. Register for the event at Facebook; see Events at <a href="https://www.facebook.com/ststephenslynn/">https://www.facebook.com/ststephenslynn/</a>. Participants are encouraged to read <a href="https://www.facebook.com/ststephenslynn/">White Fragility</a> by Robin DiAngelo prior to attending. Light refreshments will be served.

For more information about the event, see the flyer at <a href="http://standrewsmhd.org/whiteness\_event.pdf">http://standrewsmhd.org/whiteness\_event.pdf</a>. For more information about the Beloved Community, contact Toby Milner or another member of the Beloved Community Team.

#### **BOOK GROUP**



Date: **Sund** Hosts: Bonn

Book:

Sunday, Sept. 29, 3:00 p.m. Bonnie Howard's home,

bondonhoward@comcast.net *These Times*, by Jill Lapore

All are welcome to join the St. Andrew's book group! For more information, please contact Bonnie at bondonhoward@comcast.net.

#### **BLESSING OF THE ANIMALS OCT. 6**

On Sunday, October 6, we will hold our annual Blessing of the Animals during the 10:00 service. The special service, falling near the Feast of St. Francis, pays tribute to Francis of Assisi's love for all creatures.

The 10:00 service will be held in the Parish Hall, better to accommodate pets. The public is invited to attend, and to bring animals appropriately leashed, caged, or otherwise restrained. As part of the regular service with Eucharist, Rector Clyde Elledge and Assistant Rector Cara Rockhill will bless the animals—as well as toy stuffed animals and photos of departed pets. At coffee hour after the service, treats will be on hand for the four-legged, two-legged, and winged.



#### **CLOISTER GALLERY**



"Colors of a Hidden Landscape" Photography of Andy Knapp

The Cloister Gallery features "Colors of a Hidden Landscape," photography by Andy Knapp, that will run through October 10. Andy says,

The photographs in this exhibit were taken during multiple visits to the northeast Indian state of Sikkim. Tucked in the Himalayas between Nepal to the west, Tibet to the north, and Bhutan to the east, Sikkim was described in early Buddhist prophecy as a sacred 'Hidden Land.' To this photographer, the many Buddhist monasteries of Sikkim, with their riotously colorful exterior ornamentation, provide a singular focus of timelessness and continuity amidst the many currents of change swirling through the region.

We invite you to come see how "the Buddhist color palette and imagery intersect with the secular world."

#### **REVISED WEBSITE LAUNCHED**

Please take a look at our newly revised website, at <a href="https://www.standrewsmhd.org">www.standrewsmhd.org</a>. Some months if not years in the making, the site is "responsive," that is, it is readable on a mobile device or tablet. The drop-down menus bring our site into the twenty-first century at last.

The site is still a work in process. If you see any errors—broken links, erroneous or outdated information, or other issues—please notify Penny Stratton at <a href="mailto:pennystratton@comcast.net">pennystratton@comcast.net</a>. If you have photos that you think might enhance the site—or be used in the weekly e-mail, on Facebook or Instagram, or in *The Chimes*, the communications team would love to have them! Attach them in an e-mail to Penny or ask her to send you instructions for uploading them to our Google photo album, where the entire team can access them.

#### **FALL PICNIC THANK YOU**

It was a festive, standing-room-only crowd at the fall picnic on September 8. We owe huge thanks to Deanna Karwowski and her crew of Dulany Alexander, Peter Eckman, Sharon Gardner, Pat Hahn, Shauna Le Blanc, and Erin Mondello (who did double duty painting faces), and to grill masters Rob Heath and Nat Wysor. Many parishioners brought tasty side dishes, delicious desserts, and refreshing beverages for all to enjoy.

#### HALLOWEEN HAPPENINGS

Trunk or Treat Sunday, Oct. 27, 2:30-4:45 p.m

Free for all, with bouncy house, games, costumes.
Volunteers and donations of hot dogs and buns, small bags of potato chips, small bottles of water, and, of course, CANDY are needed to help with this fun event!



#### Seven Times Salt Concert—5 p.m.

Looking ahead to October 27, there will be a Halloween concert by the Early Music group Seven Times Salt. The concert will be at 5:00 p.m. with a festive reception to follow. This is a concert for the whole family and children are encouraged to come in costume.



## GROWING INTO OUR FUTURE: YOUR DONATIONS TO ST. ANDREW'S CAPITAL CAMPAIGN AT WORK

Here are some of the most recent projects! And so much more! Thank you for your support.

New paint on Guild Room shelves





Temporary banner while our welcome sign is refurbished



Danger and Susan prepping Guild Room



Touch-up of outside wall

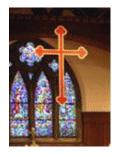


And best of all! Welcome to our new Assistant Rector, the Rev. Dr. Cara Rockhill!

Thanks to all who scraped, spackled, sanded, washed, taped, primed, and painted the Guild Room recently: Claire Wahl, coordinator; Paul Crowley,

Peter Eckman, Wendy Frisch; Deanyer (Danger) Garcia; John Howard; Dirk Isbrandtsen; Susan Johnson; Tere Nyren; and Merritt Ringer. One more project checked off our list of preparations for our centennial celebration!

If you have not yet contributed, please take a brochure from the table outside the Parish Hall and/or contact us. Peg Howard and Charlie Milner, Co-Chairs, Growing Into Our Future Campaign
Peg: pegv123@comcast.net or Charlie: b.charles.milner@comcast.net



#### SPIRITUAL JOURNEY AND THE WAY OF LOVE

My spiritual journey began in childhood at the Baptist church where both my parents and one set of grandparents were raised. The other set of grandparents landed there after emigrating from Canada. That church provided love and nurturance and was a refuge from my dysfunctional home where love was in short supply. Despite the instruction and guidance I received at church during my youth, I grew up believing God only loved me if I behaved, thought, believed, and felt "right," whatever that meant. Those kinds of beliefs are tough to change.

In the years after graduating from college, I became involved with many different kinds of churches—Nazarene, Presbyterian, Congregational, Anglican, some I've forgotten. (All this switching was relatively easy because I moved frequently.) For one 12-year period I considered myself an agnostic and didn't darken the doors of a church except for once just after 9/11. I learned that there are many variations in beliefs and traditions within Christianity. At times that confused me, but I came to accept and appreciate the differences in religious observance and beliefs rather than trying to find the "right" one. My overall spiritual experience became more nuanced, and I realized that I was seeking God in my own unique way that works for me.

At one point as a younger adult, I felt drawn to the Episcopal Church by the liturgy and music, spending happy years singing in the choir and doing other volunteer work in four different parishes, finding a new one each time I moved. Then came some major life changes and a long period of spiritual doubt, questioning and exploration. Five years ago, I found myself at St. Andrew's. Again, it was the liturgy and high-quality music that drew me, but not all. I also found the acceptance, inclusiveness, and unity that I believe are crucial in Christian community. I appreciate that my gender doesn't prevent me from serving on the Vestry, and that my lack of family makes me no less valuable or valued as a member. I love that everyone is invited to participate in the Eucharist, diversity is embraced, and social justice is put into action.

Deepening my spirituality remains vital to me. Spiritual practices such as prayer, meditation, worshiping at church, and serving in various ways foster spiritual growth, closer relationships, and a sense of God's presence in my life. Recently Clyde has been talking about Bishop Michael Curry's *Way of Love* program. It focuses on seven spiritual practices foundational to our faith and relationship with God. Beautiful in its simplicity, the program offers something for everyone who wants to look more deeply into their Christian spirituality regardless of life stage, circumstances, or prior religious experience. The Adult Education Team is looking at ways to bring this program to the congregation through the Adult Forums beginning in November. I'm excited about *Way of Love* and look forward to learning and sharing with you as we continue to grow in faith together.

In heartfelt gratitude and abiding love,

Pamela Gore, Vestry Clerk and Adult Education Team Member

#### ST. ANDREW'S PASTORAL CARE MINISTRY

After a rewarding 50-year career in human services, I have had the pleasure of visiting two parishioners during the past year who have confirmed how reassuring these visits have been.

Clyde, Pat, and I did recently meet about my serving as the new coordinator of the Pastoral Care Ministry. I am pleased to assist with this responsibility.

I know we have a number of parishioners who currently provide visitations, transportation, meals, and other important services. There is a need for a coordinator to ensure clear communication.

Pat Hahn, our parish administrator (781-631-4951, ext.101) and I (781-771-4350) can be reached to help those seeking assistance, and Pat can forward requests to me. Although there are currently many parishioners who provide valuable services, we welcome hearing from any of you who would like to join our expanding Pastoral Care Ministry.

Best wishes, Spencer Moore

# SATURDAY NIGHT IN MARBLEHEAD OCTOBER 12 LORRAINE & BENNETT HAMMOND

Multi-instrumentalists Lorraine and Bennett Hammond will appear at Saturday Night in Marblehead on Oct. 12 at 8:00 p.m. Doors open at 7:30. \$15 at the door.

Lorraine, renowned master of the Appalachian dulcimer, also plays banjo, mandolin and Celtic harp and is an expressive singer and songwriter. Bennett, a superb finger-style guitarist and recent convert to the five-string banjo, names "the three Bs," Bach, the blues, and Buddy Holly, as major influences.

Together, they are versatile musicians and engaging entertainers. Their warm stage presence is punctuated with wry humor, and their command of their instruments and musical genres is without flaw. The *Boston Globe* calls them "a dazzling, witty, eclectic, delightful duo."

The duo's repertoire ranges in style from classical through Celtic, blues and contemporary. They sing both traditional and original songs and can be heard on over thirty recordings as featured artists, or enhancing the work of performers including Archie Fisher, Lui Collins and Bob Franke.

Their most recent releases, all on the independent folk label Snowy Egret Music, are *Jingalo Gypsy* featuring the duo, Bennett's *Rockafolky Banjo Tapes*, and Lorraine's *Muddy River Suite*.



#### **NEW CHOIR REHEARSAL NIGHT**

The adult choir now rehearses on Tuesdays at 7:30 p.m. All are encouraged to come!

### MAKE A JOYFUL NOISE

It has been great coming back this fall and seeing so many members of all ages in our choirs! There is room for many more and we hope you will consider joining the choristers (younger singers) or the adult choir.

This fall, consider signing you or your children up for voice lessons at St. Andrew's! The time commitment is minimal (45-60 minutes per week for the lesson and brief daily practice), but the benefits can be felt in all areas of life! Take a look at the list of benefits below.

Benefits of Taking Voice Lessons

- 1. Develop a Valuable Musical Talent
- 2. Build Self-Esteem
- 3. Learn Study Skills
- 4. Learn Focus
- 5. Increase Brain Function
- 6. Increase Mathematical Skills
- 7. Build Character
- 8. Increase Intelligence
- 9. Increase Listening Skills
- 10. Improve Speaking and Communication

Source: (<a href="http://littlesingers.info/parents/15-reasons-to-take-singinglessons/">http://littlesingers.info/parents/15-reasons-to-take-singinglessons/</a>)

If you or your child frequently sings in the car and at home, is involved in other musical activities at school or in the community and could use additional support and training, or needs a confidence boost or outlet for self-expression, consider voice lessons—no experience necessary. I teach ages eight and up (and some seven-year-olds) on Thursday afternoons and evenings at St. Andrew's. Other dates and times may be available upon request.

Please contact me for more information! Anastasia Black, <u>Anastasia225@gmail.com</u> Soprano Section Leader, St. Andrew's Choir

### SAVE THE DATE Fall Grounds Cleanup, Sat., Nov. 2

The gardens brought much joy to our community this summer, and now it is time to prepare them for winter. Please join us on Saturday, November 2, from 8:30-11:30 a.m. for the Fall Grounds Cleanup.

As with the spring cleanup, many volunteers are needed to make this a quick and easy process. We will be cutting down plants, raking out beds, and disposing of brush. Please bring garden tools: rakes, clippers, leaf bags and/or tarps. Any pickup trucks available for hauling brush to the dump would be appreciated.

Please consider helping in this effort. Questions, please contact Phoebe Wysor at prsawyer@comcast.net.



# RUMMAGE SALE Saturday, October 26, 8-11:45 a.m.

with stuff-a-bag 12-1 p.m.

# PREVIEW PARTY Thursday, October 24, 7-9 p.m.

Admission to Preview Party \$10 (no reservations necessary) with wine, hors d'oeuvres, and sweet treats

St. Andrew's semi-annual Rummage Sale adds to our income, supports our church's missions, and provides affordable goods to many who need them. It helps the earth, too, by recycling usable items of all kinds. For us, it's the perfect time to renew old friends and make new ones as we work together to make the sale a success—for community, for mission, for our church.

**Newcomers are especially welcome to join in!** Just drop by on setup day or during prep week and/or sign up to bake, cashier, direct traffic, translate, help at the Preview Party, join the cleanup crew—or participate in any number of ways. Sign-up sheets will be outside the Parish Hall soon. Alternately, you may contact Kirky to volunteer . . . or just stop by during the prep week!

#### Work times:

Friday, October 18, 9-2 Setup Day; includes pizza with Embark team Saturday, October 19, 8-5 First day to drop off rummage; sort and price Sunday, October 20, 12-5 Drop items; sort and price Monday, October 21, 8–7 ,, Tuesday, October 22, 8-7 Wednesday, October 23, 8–7 Thursday, October 24 Rummage accepted until noon only Preview Party, 7–9 p.m. Touch-up work until done (hoping for noon) Friday, October 25, 9–12 THE SALE ITSELF! 8–1 (early workers arrive by 7:45 a.m.) Saturday, October 26

Drop rummage from Saturday, October 19, through Thursday, October 24, at noon.

In general, we accept all kinds of clothing and most household goods—no large appliances or large pieces of furniture, no CRT televisions. A more complete list of accepted/not accepted items will be posted near the Parish Hall and at our website, www.standrewsmhd.org.

Cleanup 1–5 (hopefully sooner)

Friends and community are welcome to donate and to attend. Please invite them!

KirkyDeLong kirky@mit.edu or 978-740-9954

#### **DAYTIME BIBLE STUDY**

Gospel Reflections: Exploring the Gospel in Today's World
Tuesday morning Bible study, 9:00 a.m.



All are welcome to gather in the Guild Room. If you have questions, please contact margareteckman@comcast.net.

## CHIMES SCHEDULE The Chimes is published monthly.

(Please e-mail articles to lakeloreyn@aol.com. Articles submitted after the deadline will be included on a space-available basis.)

October 18 next deadline

#### WEDNESDAY NOON EUCHARISTS

The Wednesday noon Eucharists have begun again. Please join us in the sanctuary for a quiet mid-week service and reflection.

### **Church of St. Andrew**

135 Lafayette Street, Marblehead, MA 01945

Telephone: 781-631-4951 Web site: standrewsmhd.org E-mail: office@standrewsmhd.org

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Jim Harshbarger, Sexton	781-631-4951
Gail Power, Nursery School Director	781-631-5543
Dorothy Foley, Historian	781-631-4951
Laura Tufts, Cloister Gallery Coordinator.	781-631-4679
Peg Howard, Weekly Update	978-609-0813
Elizabeth Muller Reynolds, Chimes	
Penny Stratton, Website	781-581-3032
Steve Hahn, Senior Warden	978-423-7914
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James Dykes, Vestry	
Siri Hanner, Vestry	978-744-3061
Deanna Karwowski, Vestry	
Soraida Martinez, Vestry	978-304-6734
John McElaney, Vestry	
Spencer Moore, Vestry	
Billie Phillips, Vestry	
Jone Sienkiewicz, Vestry	
Richard Stratton, Vestry	

#### **Mission Statement**

God calls us at St. Andrew's to grow spiritually and personally and to reach out to others as part of the global family. We will strive to respond to this challenge every day of our lives through:

- Worship that strengthens and inspires
- Love, mutual care, nurture, and fellowship
- Christian formation and teaching Christian discipleship at all stages of life
- Mission and outreach into the community and the world
- Faithful stewardship in gratitude for God's creation and gifts

